

## Prayer Requests

# PERSONAL Prayer CHALLENGE

Pray for... a sibling	Pray for... a co-worker	Pray for... a parent	Pray for... your boss	Pray for... a friend
Pray for... healing	Pray for... wisdom	Pray for... peace	Pray for... mental health	Pray for... a loving heart
Pray for... forgiveness	Pray for... purity	Pray for... motivation	Pray for... awareness of truth	Pray for... unshakable faith
Pray for... the lost	Pray for... your neighbor	Pray for... the Lord's will in your life	Pray for... patience	Pray for... Kingdom vision
Pray for... humility	Pray for... your job	Pray for... fresh spiritual hunger	Pray for... direction	Pray for... an obedient heart
Pray for... ears to hear His voice	Pray for... a deeper relationship with God	Pray for... generosity	Pray for... a grateful heart	Pray for... protection

*All you have to do is pray!*

*Keep yourself accountable and check off what you've prayed for 28 days.*

# Prayer Posture

## JOURNALING PAGES

Praise

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Repentance

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Cast your  
burdens  
on the Lord  
and He will  
sustain you

Psalm 55:22

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